

NAME: \_\_\_\_\_ T#: \_\_\_\_\_



### Bachelor of Science in Health and Physical Education (Teacher Licensure) - 8-Semester Guaranteed Program

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. See course descriptions and prerequisites at <http://www.atu.edu/academics/catalog/>.

#### Employment Information: Recreation and Fitness Studies Teacher, P-12 Teacher, Athletic Coach, Athletic Director, Fitness Trainer

#Remedial Courses (if applicable): ENGL 0303 \_\_\_\_\_ ENGL 0404 \_\_\_\_\_ READ 0103 \_\_\_\_\_ MATH 0903 \_\_\_\_\_

Semester 1 Course Information	Hrs.	Grade	Notes
ENGL 1013 - Composition I (ACTS = ENGL 1013)	3	#	Required for Admission to Stage II
MATH 1113 - College Algebra (ACTS = MATH 1103) or higher	3	#	Required for Admission to Stage II
BIOL 1014 - Intro to Biological Science (ACTS = BIOL 1004)	4	#	
HLED 1513 - Personal Health and Wellness (ACTS = HEAL 1003)	3	#	
WS 1002 - Physical Wellness and Fitness	2		
PE 1201 - Orientation to Health, PE, and Wellness Science	1	#	No substitution allowed.
Total hours	16	GPA	

Semester 2 Course Information	Hrs.	Grade	Notes
ENGL 1023 - Composition II (ACTS = ENGL 1023)	3	#	Required for Admission to Stage II
Social Science	3		
Physical Science with Lab	4		
PE 2111 - Methods of Teaching Individual Activities (Offered Spring Only)	1	#	
PE 2513 - First Aid	3	#	
Total hours	14	GPA	Take and pass Praxis I

Semester 3 Course Information	Hrs.	Grade	Notes
US History and Government	3		HIST 1903 Preferred
SPH 2003 - Public Speaking	3	#	Required for Admission to Stage II
PE 2101 - Methods of Teaching Team Activities (Offered Fall Only)	1	#	
PE 2523 - Foundations in Health and Physical Education	3	#	
PE 2653 - Anatomy and Physiology	3	#	Prerequisite: BIOL1014
PE 3101 - Methods of Teaching Rhythmic and Gymnastic Movements (Offered Fall Only)	1	#	
Total hours	14	GPA	2.70+ GPA REQUIRED

Semester 4 Course Information	Hrs.	Grade	Notes
Fine Arts & Humanities	3		ART 2123 Preferred
Fine Arts & Humanities	3		ENGL 2003 Preferred
Social Science	3		Apply for Admission to Stage II
SEED 2002 - Intro to Secondary Education	2	#	Required for Admission to Stage II
PE 3051 - Methods of Teaching Fitness and Wellness Concepts (Offered Spring Only)	1	#	May not be taken with WS 1002
PE 3661 - Lab Experiences in Anatomy/Physiology and Kinesiology	1	#	Prerequisite: PE 2653
PE 3663 - Kinesiology	3	#	Prerequisite: PE 2653
Total hours	16	GPA	HPE and SEED ADVISOR ASSIGNED

# indicates a "C" or better is required

The Arkansas Course Transfer System (ACTS) is designed to assist in planning the academic progress of students. This system contains information about the transferability of courses within Arkansas public colleges and universities. The Arkansas Course Transfer System can be accessed at <http://acts.adhe.edu/>

Fine Arts and Humanities	U.S. History & Government
ART 2123 - Experiencing Art (ACTS = ARTA 1003)	HIST 1903 - Survey of American History
MUS 2003 - Introduction to Music (ACTS = MUSC 1003)	HIST 2003 - U.S. History to 1877 (ACTS = HIST 2113)
TH 2273 - Introduction to Theatre (ACTS = DRAM 1003)	HIST 2043 - Honors U.S. History to 1877
ENGL 2173 - Introduction to Film	HIST 2013 - U.S. History II (ACTS = HIST 2123)
POUR 2173 - Introduction to Film	POLS 2003 - American Government (ACTS = PLSC 2003)
ENGL 2003 - Intro to World Literature (ACTS = ENGL2113)	Science with Lab
ENGL 2013 - Intro to American Literature (ACTS = ENGL 2653)	BIOL 1014 - Intro to Biological Science (ACTS = BIOL 1004)
ENGL 2023 - Honors World Literature	BIOL/PHSC 1004 - Principles of Environmental Science
PHIL 2003 - Introduction to Philosophy (ACTS = PHIL 1103)	GEOL 1014 - Physical Geology (ACTS = GEOL 1114)
PHIL 2043 - Honors Introduction to Philosophy	PHSC 1013/1021 - Physical Sci/Lab (ACTS = PHSC 1004)

Semester 5 Course Information	Hrs.	Grade	Notes
HLED 4403 - Nutrition and Physical Fitness (Offered Fall Only)	3	#	Prerequisite: PE 2653
SEED 3702 - Intro to Educational Technology	2	#	
PE 3103 - Methods/Teaching Mvmt Patterns and Activities for Children	3	#	Stage II Admission
PE 3413 - Coaching Theory	3	#	
PE 3573 - Prevention and Care of Athletic Injuries	3	#	Prerequisites: PE 2653, PE 3663
PE 4033 - Basic Exercise Physiology	3	#	Prerequisites: PE 2653, PE 3663, PE 3661
Total hours	17	GPA	

Semester 6 Course Information	Hrs.	Grade	Notes
HLED 3203 - Consumer Health Programs (Offered Spring Only)	3	#	
SEED 3552 - Adolescent Development	2	#	
PE 3512, PE 3522, or PE 3532 - Coaching Strategies	2	#	
PE 3583 - Methods/Materials in PE and Recreation for K-Elementary Grades	3	#	Stage II Admission/Prerequisite: PE 3103
PE 3603 - Methods/Materials in PE for Secondary Schools	3	#	Stage II Admission/ Prerequisites: PE 2101, PE 2111
PE 4513 - Organization/Administration of Health and PE (Offered Spring Only)	3	#	
Total hours	16	GPA	APPLY FOR GRADUATION

Semester 7 Course Information	Hrs.	Grade	Notes
HLED 4303 - Methods/Materials in Health for Grades K-12 (Offered Fall Only)	3	#	
SEED 4052 - Adolescent Exceptionalities	2	#	Stage II Admission
SEED 4556 - Classroom Application of Educational Psychology	6	#	Stage II Admission
PE 4203 - Methods of Teaching Adapted Physical Education in the Schools	3	#	Stage II Admission/Prerequisites: PE 3103, PE 3583
PE 4523 - Measurement and Evaluation in Health and PE (Offered Fall Only)	3	#	Stage II Admission
Total hours	17	GPA	APPLY FOR INTERNSHIP - Students must receive passing Praxis II scores to be admitted to Internship

Semester 8 Course Information	Hrs.	Grade	Notes
SEED 4503 - Seminar in Secondary Education	3	#	MUST BE ADMITTED TO INTERNSHIP
SEED 4809 - Teaching in the Elementary and Secondary School	9	#	
PE 4701 - Special Methods in Health and PE	1	#	
			Graduation Requirements:
			Students must complete 123 hours and achieve a 2.7 GPA or higher.
Total Hours	13	GPA	

General Electives: 0

Social Sciences	
HIST 1503 - World History to 1500 (ACTS = HIST 1113)	ECON 2013 - Princ of Economics II (ACTS = ECON 2203)
HIST 1513 - World History since 1500 (ACTS = HIST 1123)	SOC 1003 - Introductory Sociology (ACTS = SOCI 1013)
HIST 1543 - Honors World History to 1500	PSY 2003 - General Psychology (ACTS = PSYC 1103)
HIST 2003 - U.S. History to 1877 (ACTS = HIST 2113)	ANTH 1213 - Intro to Anthropology (ACTS = ANTH 1013)
HIST 2013 - U.S. History since 1877 (ACTS = HIST 2123)	ANTH 2003 - Cultural Anthropology (ACTS = ANTH 2013)
HIST 2043 - Honors U.S. History to 1877	GEOG 2013 - Regional Geography (ACTS = GEOG 2103)
HIST 1903 - Survey of American History	AMST 2003 - American Studies
POLS 2003 - American Government (ACTS = PLSC 2003)	Speech Courses
ECON 2003 - Princ of Economics I (ACTS = ECON 2103)	SPH 1003 - Intro to Speech Com (ACTS = SPCH 1003)
ECON 2103 - Honors Principles of Economics I	SPH 2003 - Public Speaking
	SPH 2173 - Business and Professional Speaking